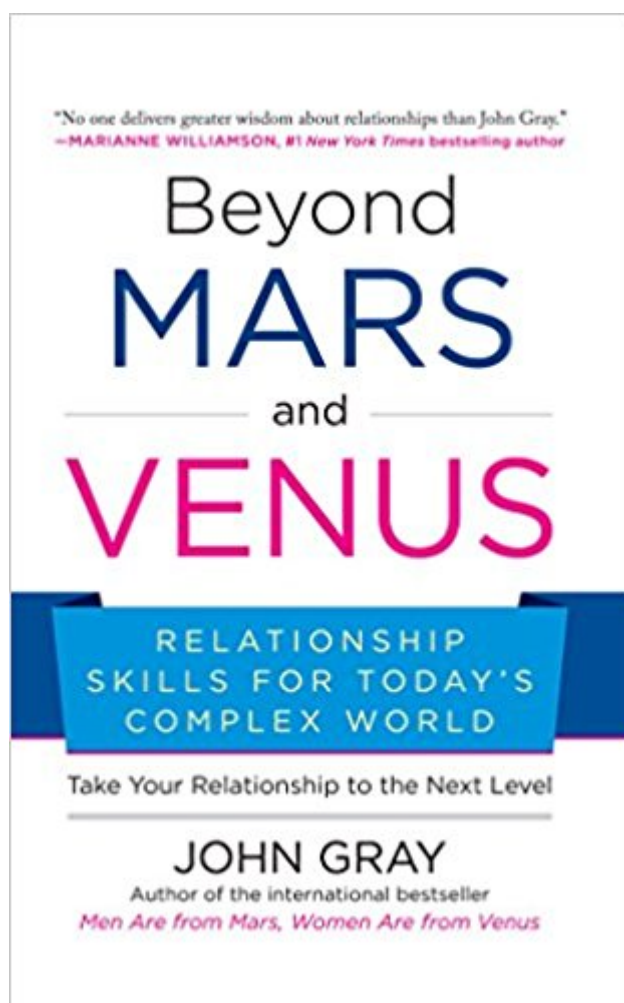


The book was found

Beyond Mars And Venus: Relationship Skills For Today's Complex World



Synopsis

For more than twenty years, John Gray's *Men are from Mars, Women are from Venus* has helped couples deepen their intimacy and rejuvenate their love lives. Men and women, it revealed, communicate so differently, we might as well be from different planets. By learning to speak each other's language, millions of people dramatically improved, even saved, their relationships. But the world has changed. Today, what it means to be a man or a woman is more nuanced and complex than ever. Both men and women are moving beyond stereotypes and embracing their true natures with important implications for today's relationships. In *Beyond Mars and Venus*, Gray provides a more modern look at the keys to healthy relationships. As the roles of men and women evolve, relationships must evolve as well. *Beyond Mars and Venus* takes the Mars-Venus framework to the next level, helping readers to take their relationship to a more profound level of intimacy. Through real-life examples and simple exercises, *Beyond Mars and Venus* shows you how to bring you and your partner closer than ever before.

Book Information

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Customer Reviews

“No one delivers greater wisdom about relationships than John Gray. In *Beyond Mars and Venus*, he provides much-needed guidance as to how to navigate the path of love in complicated times like these.”
—Marianne Williamson, #1 New York Times bestselling author
“A true expert understands that as times change, tried-and-true methods must be reexamined and updated. John Gray not only embraces the unique challenges in modern relationships, but his tools and wisdom are every bit as helpful today as ever.”
—Jack Canfield, New York Times bestselling

author of the Chicken Soup for the Soul series; Twenty years after his earth-shaking Men Are from Mars, Women Are from Venus, John Gray has opened up a whole new universe of helpful relationship advice in Beyond Mars and Venus. His explanation of love and intimacy in the 21st century will rock your world. •; Harvey Mackay, #1 New York Times bestselling author of Swim with the Sharks Without Being Eaten Alive; Leave it to John Gray, whose creativity framed gender differences in planetary terms as Mars and Venus, starting a never-ending conversation about the differences between men and women, to go Beyond Mars and Venus and make the discussion relevant for contemporary couples. All couples, traditional or modern, will be informed by this perceptive thinker about relationships. •; Harville Hendrix, PhD and Helen LaKelly Hunt, PhD, authors of Getting the Love You Want and Making Marriage Simple; How do we achieve true love in today's stressful, chaotic world? . . . Becoming comfortable in our new roles allows for each of us to be seen, heard, and affectionate with one another. Being able to express these inherent sides of ourselves clearly determines our strengths and need for stress management and choosing balance. Greater intimacy and deep love are the gifts. I love this book. •; Suzanne Somers; John Gray's famous book Men Are from Mars, Women Are from Venus has changed countless lives for the better (including mine) and has helped so many people live in greater happiness. This new guide offers tools and wisdom that are as helpful today as ever. •; Marci Shimoff, professional speaker, #1 New York Times bestselling author of Happy for No Reason and Love for No Reason, and coauthor of Chicken Soup for the Woman's Soul; John Gray provides brilliant guidance for the rapidly changing state of gender roles in our relationships. Beyond Mars and Venus is required reading for all couples who are serious about growing and thriving in love together. •; Arielle Ford, author of Turn Your Mate into Your Soulmate

No BioNo Bio

I really enjoyed reading Beyond Mars and Venus. The most important thing that I learned in this book is I should not talk about my feelings right away when I am angry or stressed out at someone. I should strive to detach and do an activity that rebuilds my testosterone to calm down. This is a hormone that I can build up by exercising. I started performing in theater six years ago. Memorizing my lines and learning how to move on stage are very difficult things to do, but I learned that learning to do hard things can also boost my testosterone level. I have learned to cooperate and work with many other people in theater. I have learned to depend and cooperate with many others to make

our play successful. Cooperation and interdependence are two aspects that can promote my estrogen level. I never thought of the feminine qualities that I have developed doing theater. Being able to express both my masculine and feminine qualities equally is the key to having a loving and successful relationship with a woman. I also learned that silently listening to a woman is an a skill that can build up my testosterone. Silently listening to a woman can help me respond to her more intelligently. I won't say something dumb when I listen silently. I I also learned that actions and not words are more important when a woman is stressed out. I should just give a woman a hug when she is angry or stressed with me. Giving a woman a hug will increase the female hormone oxytocin. This will calm her down. I love the information in this book. Learning about how the male and female hormones work will help my romantic relationship to develop and blossom. It will also help me to become a more effective theater performer.

Very helpful- I gave it to a friend who is having problems..

Love it

Wonderful information and helps with aging questions from both sides of the coin!

Awesome author! All John Gray's books are phenomenal and packed with practical application rather than a bunch of psychological crap that no one actually knows what to do with.

It's a very interesting read as a single lady I learnt a lot from the book. I will be a better person in a relationship.

Just as explained, nice item!

great help!

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